

## AUDIENCE:

This conference is designed for Nurses, Dietitians, Breastfeeding Coordinators, WIC Nutritionists, La Leche League (LLL) Members, International Board Certified Lactation Consultants (IBCLC), and those needing a higher level clinical training in the area of lactation management.

## GOAL:

The purpose of this conference is to provide current and consistent information in the area of advanced lactation management so clinicians can provide a higher level of support to their breastfeeding mothers.

**Deadline to register for this conference is August 26th**



Please contact Shanna Morgan at [Shanna.Morgan@dhs.mo.gov](mailto:Shanna.Morgan@dhs.mo.gov) with questions or if an accommodation is needed.

## OBJECTIVES:

Learners will be able to:

- ♥ List three problems common for mother and baby when the mother has an oversupply or a rapid milk ejection.
- ♥ Describe the challenges with the late pre-term (near-term) baby.
- ♥ List three possible presentations for a yeast infection on breasts and nipples.
- ♥ List three infant problems that could contribute to difficulties with latching onto the breast.
- ♥ Appraise how you would help a baby who is having difficulty with latching on at the breast.
- ♥ Explain techniques to assist the large breasted woman.
- ♥ Discuss recent trends in adult obesity and the health impact.
- ♥ Address psychosocial and physiological barriers to breastfeeding in obese mothers.
- ♥ Explain some intervention strategies to help obese women with the anatomical challenges with breastfeeding.

## Breastfeeding Support for Breastfeeding Success Conference



September 12, 2008

**Governor Office Building  
Jefferson City, Missouri**

Sponsored by  
Missouri Department of Health  
and Senior Services,  
Bureau of Genetics & Healthy Childhood  
and  
Nutrition Training Institute (NTI)

## AGENDA:

8:00 - 8:30 am	Registration Sign-In
8:30 - 8:45 am	Housekeeping & Introductions
8:45 - 9:45 am	Abundant Milk Supply
9:45 - 10:00 am	Break
10:00 - 11:30 am	What To Do For the Baby Who Has Not Latched On Yet
11:30 am - 1:00 pm	Lunch on Your Own
1:00 - 2:00 pm	Obesity & Breastfeeding
2:00 - 2:15 pm	Break
2:15 - 3:45 pm	Case Studies
3:45 - 4:00 pm	Question and Answers

## CONTINUING EDUCATION:

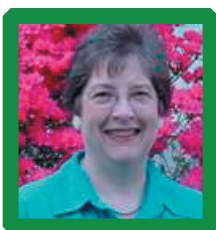
- ♥ 5.0 CERPs have been applied for through the International Board of Lactation Consultant Examiners (IBCLE).
- ♥ This conference has been approved for 5.5 hours of Continuing Professional Education. The NTI is a CDR accredited provider for the American Dietetic Association.
- ♥ Missouri WIC is also qualifying this conference for 5.5 hours of Continuing Nutrition Education for WIC Nutritionists.



Mothers may bring quiet babies less than six months of age into the sessions. Due to the professional nature of this conference, most mothers find it easiest to bring a support person along to provide infant care outside the meeting room. Please respect the learning needs of other participants and care for your baby in the outer hallway if your baby makes either "happy or sad" sounds.

Lactation room will be available. Mothers will need to bring their own pump.

## ABOUT THE SPEAKER:



**Kay Hoover** works as a Hospital Lactation Consultant for Riddle Memorial Hospital in Media, Pennsylvania. She has worked for the Center for Childhood Obesity Research at the Pennsylvania State University in University Park, where she provided outpatient lactation consultations for the community, and educated students about breastfeeding. Kay also worked for the Philadelphia Department of Public Health, in the Division of Maternal, Child and Family Health as their lactation consultant for over 12 years. Her job was to assist the hospitals to become more supportive of breastfeeding. Before beginning her work at the health department, she was a lactation consultant for Mercy Fitzgerald Hospital in Darby and for the Breastfeeding Center at Crozer-Chester Medical Center in Chester, Pennsylvania. Kay became an International Board Certified Lactation Consultant in 1985 and she began her private practice seeing women in their homes who were having difficulty with breastfeeding in January 1986. Kay co-authored *Candidiasis and Breastfeeding*, Unit #6 of the Lactation Consultant Series Two, published by La Leche League International. She also co-authored, with Barbara Wilson-Clay, *The Breastfeeding Atlas*. Kay is a member of the International Lactation Consultant Association and very involved in her local chapter. She has been a La Leche League Leader since 1971. Kay is also a member of the Pennsylvania State Breastfeeding Coalition, and served on the board of directors of the International Board of Lactation Consultant Examiners for six years.

## NOTE:

- ♥ Snacks and beverages will be provided.
- ♥ Lunch will be on your own.
- ♥ Participants are asked to bring a sweater or jacket due to variations in temperature and personal preferences.

## REGISTRATION:

Please complete the information below and email or fax by **August 26, 2008**.

### OCCUPATION: (CHECK ALL THAT APPLY)

- ☐ RD/LD    ☐ RN    ☐ LPN  
☐ IBCLC    ☐ DHSS State Staff  
☐ WIC Director    ☐ WIC Coordinator  
☐ WIC Nutritionist  
☐ WIC Nutrition Coordinator  
☐ WIC Breastfeeding Coordinator  
☐ Other: \_\_\_\_\_

NAME: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Send Registration Form To:**

**Attn: Michelle Nienhuis**

**Breastfeeding Support for Breastfeeding Success Conference**

**at fax number: 573.526.1470**

**or email to: [Michelle.Nienhuis@dhss.mo.gov](mailto:Michelle.Nienhuis@dhss.mo.gov)**

## SEATING IS LIMITED

Acceptance of registration to each program is based on seating availability.

If selected, a confirmation will be sent to you.